

2020 School Holiday Fun



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Activities for 1 years to Adults.

Adult Fitness Classes, Full Day Activities, Indoor Jumping Castles, Learn to Flip Classes & Parkour

Age group	Event	Description	Day & Times	Costs
Girls & Boys 5 years and under	JumpStars	JumpStars is where your little ones can jump, bounce & play on the indoor jumping castles while you sit back and watch them having fun! <i>JumpStars will run in conjunction with the Day Camp for older children & siblings.</i>	Every Friday* 9.30am - 11.30am *Runs all year round	<i>This is a session price where you can come & go as you please.</i> 1-5 years old \$12.00 On the Day Under 1 years \$4.00 or free with paying older sibling. 12-23 months \$6 with paying older sibling.
3 years to 15 years Girls & Boys	# Ninja training	Ninja training involves several different obstacle courses within the gym. Participants will need to use strength, balance and agility to navigate their way through the circuits. <i>Ninja's will be separated into appropriate age groups to ensure the safety of all. Ninja's 5 years and younger parent assistance required</i>	Thursday 9 th April 11.30am – 1.00pm	\$12.00 Bookings 24 hours in advance+ \$15.00 On the day
Girls & Boys 5-15 years (School Aged Children)	# Mad Jumpers 😊 Come & learn how to flip 😊	Where kids can jump, bounce & play on the inflatable indoor jumping castles, mini trampolines, and an air track. Where our qualified instructors will teach you how to FLIP	Monday 6 th April 10.30am – 12.00pm	\$12.00 Bookings 24 hours in advance+ \$15.00 On the day
	# Gymnastics Bingo	See if you can get a Bingo by learning new skills and completing obstacles. Participants will be required to complete certain elements and have them marked off on their bingo card to see if they can complete a full row to receive a bingo.	Tuesday 14 th April 1.00pm – 2.00pm <i>All Bingo's receive an icy pole.</i>	\$12.00 Bookings 24 hours in advance+ \$15.00 On the day
	# Free G	A combination of tumbling, gymnastics, parkour, free running & tricking. This dynamic and exciting, indoor class will find your participant jumping over boxes, moving through, over & under obstacles. Taught in a safe environment with qualified coaches.	Thursday 16 th April 12.30pm – 1.30pm	\$12.00 Bookings 24 hours in advance+ \$15.00 On the day
	# Day Camp	Day Camp is a day which includes 3 hours of indoor games, art & craft activity, a movie, & more indoor game. <i>Children will need to pack morning tea, lunch & afternoon tea.</i>	Friday 17 th April 8.30am – 3.15pm	\$55 per child+ Early birds receive a 10% discount +EB (Early Bird) – Before 9 th April
Men & Women 16 years +	FunFIT	Adults' strength, stretch, fitness, & injury prevention. Classes involve a 20-minute cardio workout, 30-minute Strength HIIT (<i>high-intensity interval training</i>) 20-minute detailed head to toe stretch with a 20-minute apparatus play time.	Every Wednesday Evening* 6.30 – 8.00pm *Runs all year round	\$17.00 Member bookings 24 hours in advance+ \$18.00 Members on the day \$21.00 Non-members on the day
Women 16 years +	S&S - Strength & Stretch With Child Minding Available	Body weight strength & stretch class. Classes consist of a general warm-up, 20-minute HIIT (<i>high intensity training</i>) Strength session, followed by a relaxing full body stretch. Child minding is available in the gym where children can play on equipment with a qualified coach at a low cost.	Every Monday * 1.15-2.15pm & Thursday * 11.30-12.30pm *Runs all year round*	\$10.00 On the day *10 Visit Card valid for 6 months \$90.00 Childminding Members - \$2.00 Childminding Non Members - \$5.00 SPECIAL - All School Aged children FREE for child minding these School Holiday

Holiday programs run from Monday 6th April through to Thursday 9th April and Tuesday 14th April through to Friday 17th April. The Club will be closed Friday 10th April through to & including Monday 13th April, due to the public holidays. Term 2 Classes will start on Monday 20th April. There will be a canteen available for the purchase of cold drinks, tea, coffee, & confectionery.

+To take advantage of the EB price payment is required. To take advantage of the booking price payment is required. Once payment has been made bookings are non-refundable non-transferable. # Bookings encouraged; limited spaces available.

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Competitive Holiday Classes

Offering classes during the school holiday period promotes continuous learning. The constant expansion of skill development and skill-sets through learning and increasing knowledge, strength & flexibility. Must be currently enrolled in the following classes to attend.

WAG & MAG Competition Levels	WAG 1	Wed 15 th Apr	3.20-4.20pm	Early Bird by 3 rd Apr Holiday Payment - \$15.00	Individual Class \$20.00 per lesson
	WAG 2	Wed 15 th Apr	4.20-6.20pm	Early Bird by 3 rd Apr Holiday Payment - \$21.50	Individual Class \$26.50 per lesson
	WAG Pre 3	Wed 15 th Apr	4.00-6.30pm	Early Bird by 3 rd Apr Holiday Payment - \$24.00	Individual Class \$30.00 per lesson
	WAG 3	Tue 14 th Apr Thur 16 th Apr	3.15-6.15pm	Early Bird by 3 rd Apr Holiday Payment - \$51.00	Individual Class \$30.50 per lesson
	WAG 4+	Tue 14 th Apr Thur 16 th Apr Fri 17 th Apr	Tue & Fri 3.15-7.00pm Thu 3.15-6.30pm	Early Bird by 3 rd Apr Holiday Payment - \$85.50	Individual Class \$33.50 per lesson
	MAG 1 & P2	Tue 14 th Apr Thur 16 th Apr	3.30-4.30pm	Early Bird by 3 rd Apr Holiday Payment - \$30.00	Individual Class \$20.00 per lesson
	MAG 2-3	Tue 14 th Apr Thur 16 th Apr	4.30-6.30pm	Early Bird by 3 rd Apr Holiday Payment - \$43.00	Individual Class \$26.50 per lesson
	MAG 4+	Wed 15 th Apr Fri 17 th Apr	Wed 3.15-6.30pm Fri 3.15-7.00pm	Early Bird by 3 rd Apr Holiday Payment - \$57.00	Individual Class \$33.50 per lesson

Term 1 Competitive Classes programs runs through to and including Thursday 9th April. The competitive Classes holiday training only includes classes from Tuesday 14th April through to and including Friday 17th April. Term 2 classes resume on Monday 20th April.



We would like to wish you a Happy & Safe Easter

